

School Health Advisory Council Meeting Minutes (For February 12, 2008)

Submitted by, Priscilla Guerrero, Secretary for the Office of Student Services

Next Upcoming Meeting on Tuesday, April 22nd

5:30-6:30

Waco ISD Main Conference Center

The 3rd Health Advisory Council meeting was held on Tuesday, February 12th, 2008 in the Administration Building's Main Conference Room, from 5:30-6:30 p.m. Letters of notification of location and date were mailed out to all members and there were 19 members present. A light dinner of tuna salad and ham sandwiches, along with a fresh fruit and dip tray was provided by Child Nutrition Services complimentary of the Student Service Department.

Topics Discussed:

Welcome

Liz Harris welcomed everyone and thanked them for coming.

Mission of School Health Advisory Council (SHAC)

Mission Statement was read aloud by Liz Harris.

Human Growth and Development

The SHAC members at the November 6th 2007 meeting were unanimously supportive of including a brief human growth and development component for students in grade five. The administration requested that the Board of Trustees, at the November Board of Trustees meeting, revise that policy to include a brief human growth and development component for students in grade five to be taught through the physical education program. Board of Trustees voted to include fifth grade in that policy. Trainings would begin right after the Winter Break. There was some SHAC discussion and Liz Harris answered question. SHAC members were encouraged to continue exploring the Discovery Education Health supplementary online curriculum.

Coordinated of School Health Programs

Liz Harris gave information about all the TEA Approved Coordinated School Health Programs for middle school. She shared that the CATCH program was heavily favored. Ms. Harris also reminded the SHAC Members that The Great Body Shop is the current district approved Coordinated School Health Program used at the elementary level. In a short time she also indicated that the process and procedures of both the Campus Health Advisory Councils and the Student Assistance Programs have been provided to the campus Principals and Assistant Principals throughout WISD.

Texas Fitness Now Grant Overview

Ms. Harris confirmed that grant funds have been distributed to all of these campuses Brazos MS, GL Wiley MS, CCMS MS, GW Carver MS, University MS, and Alta Vista Elem.

North Waco Elementary School Health Fair

PE/Health Teacher of North Waco Elem., Inga Chow-Monreal spoke on the most successful Health Fair and how it was organized. She also supplied everyone with the written paper techniques about her strategies and goal for her campus.

FitnessGram Update

PE/Health Teacher of Sul Ross Elem., Cindy Strunk updated us on the materials that were supplied to every campus and how training throughout WISD has been successfully complete and how easy the instruction where to follow.

Nutrition Overview

In opening comments the council was addressed by Child Nutrient Operation Manager-Ammie Whaley. Ammie gave a power point presentation on how beverage requirements are handled according to State and Federal Guidelines for elementary, middle and high school. Question and answers were discussed and addressed by Manager-Ammie Whaley.

Title IV Programs

Liz Harris reviewed all Title IV programs currently used, which include the following:

- Discovery Education Health
- Signs of Suicide
- Great Body Shop
- AnComm - Anonymous Communication

Meeting Adjourned

Closing statement, at 6:55 pm, as a reminder the notification of the final upcoming meeting would be on Tuesday, April 22nd, 2008 and a thank you to all the members for their willingness to serve on the School Health Advisory Council.

Attachments

Agenda for the SHAC Final upcoming meeting Tuesday, April 22nd, 2008
Overview of Beverages and Regulations for WISD Child Nutrition Services