

Last School Health Advisory Council Meeting Minutes

(For April 22, 2008)

Submitted by, Priscilla Guerrero, Secretary for the Office of Student Services

(School Year 2007-2008)

5:30-6:30

Waco ISD Main Conference Center

The 4th and last School Health Advisory Council meeting for the 2007-2008 school year was held on Tuesday, April 22nd, 2008 in the Administration Building's Main Conference Room, from 5:30-6:30 p.m. Letters of notification of location and date were mailed out to all members and there were 16 members present and 16 guest. Fresh Chef salads, assorted platter of sandwiches, chips, along with a fresh fruit and dip tray all provided by Child Nutrition Services compliments of the Student Services Department.

Topics Discussed:

Welcome

Liz Harris welcomed everyone and thanked them for coming.

Mission of School Health Advisory Council (SHAC)

Mission Statement was reviewed by Liz Harris.

Coordinated School Health Program

Ms. Harris again reminded the SHAC Members that The Great Body Shop is the current district approved Coordinated School Health Program used at the elementary level and that CATCH (Coordinated Approach to Children's Health) is the SHAC recommended program for middle school. Liz Harris spoke about the good things Campus Health Advisory Councils or Campus Wellness Committees are doing at their campuses to promote choosing good health and wellness habits and influencing students, staff, and parents.

The Carver Campus Wellness Committee, lead by Brenda Renfro-King, RN, BSN, shared information about their Campus Wellness Committee and good things they have done this year. Several students read about how serving on this committee has influenced them. Sixth graders created a Wellness Song and several Carver students sang the song for the committee. All were amazed at their talent.

P.A.P.A. Program

Ms. Harris provided information about the P.A.P.A. Program (Parenting And Paternity Awareness). This curriculum was originally developed by the Office of the Attorney General (OAG), Child Support Division. The 80th Legislature passed HB 2176, directing the State Board of Education to work with the OAG to develop a parenting and paternity awareness program that a school district must use in the high school health curriculum effective beginning the school

year of 2008-2009. Collaborating with the Texas Education Agency and the SBOE, the OAG has committed resources to provide the P.A.P.A. curriculum, along with training, to all high school health teachers to ensure full compliance with the statute. Health teachers and Ms. Harris are planning on attending P.A.P.A. training at Region 12 on May 20th.

Recess (SB 530)

Liz Harris explained SB 530 requirement for SHAC members pertaining to reviewing research covering recess in school. SB 530 requires that district SHACs consider and make policy recommendations concerning the importance of recess. Liz provided SHAC members with research literature to review. Committee members were given time in their groups to read and discuss the material. Liz asked the committee members to write down or discuss important and/or non-important reasons why we should or should not have recess in school. After discussion it was agreed that recess (non-structured play) is necessary and important for a child on a daily basis. A motion was made by Valerie Fillmore and David Davis that the committee affirms 100% the importance of recess during the school day and recommends the district take a look at what recess looks or does not look like in the district per campus and recommends a designated amount of time set aside for students to have unstructured playtime - Recess. Second motion was made by Lauren Pruitt. All members present were in favor.

Food Service Update

Child Nutrient Operation Manager-Ammie Whaley addressed the SHAC. Ammie handed out Child Nutrition Services (Spreadsheet-Portion Values) for both elementary and secondary lunches. She continued to explain the portion requirements and how they are handled according to State and Federal Guidelines for elementary, middle, and high school. Questions and answers were discussed and addressed by Manager-Ammie Whaley.

FitnessGram Software Update

Liz demonstrated the FitnessGram Software and basically just walked through the functions of the user friendly program. Liz reaffirmed that all PE/Health Teachers in WISD had been trained how to use the software. Liz also informed the SHAC that FitnessGram assessments were to be completed at the campuses by May 15th and that data would be submitted to TEA on May 31st.

Human Growth and Development

Liz Harris gave an update concerning Human Growth and Development. She shared that all 5th, 6th, 7th, and High School students have received the focused curriculum which the SHAC and School Board approved. During the month of May the 8th grade Science teachers will receive training and the focused curriculum will be taught to 8th graders the last two weeks of May. The SHAC were very supportive of the process which was taken to implement the HGD focused curriculum and stated that it was done very smoothly. A question was asked if there were very many parents who chose for their child to "opt out". Liz Harris and teachers present shared there were none that they knew of. SHAC members were encouraged to continue exploring the Discovery Education Health supplementary online curriculum.

Texas Fitness Now Grant Overview

Ms. Harris reminded the SHAC that WISD received the Texas Fitness Now Grant from TEA to provide support for Brazos MS, GL Wiley MS, CCMS, GW Carver MS, University MS, and Alta Vista Elem. The ordering of equipment and supplies has begun and will be complete by August 31st.

Title IV Programs

Liz Harris reviewed all Title IV programs currently used, which include the following:

- Discovery Education Health
- SOS - Signs of Suicide
- The Great Body Shop
- AnComm – “Break the Code of Silence through Anonymous Communication”
- Drug Dogs
- Champs Program (Character & Violence Prevention)
- Tribes
- Student educational materials for Drug, Alcohol, Tobacco, and Violence prevention

Meeting Adjourned

Closing statement was at 6:30 pm. Liz thanked all the members for their willingness to serve on the School Health Advisory Council for the 2007-2008 school year and looked forward to progress and moving forward with the Committee’s hard work during the 2008-2009 school year.

Attachments which were provided for the meeting included the following:

- Agenda for the SHAC Final upcoming meeting Tuesday, April 22nd, 2008 and Minutes for the February 12, 2008
- WISD Child Nutrition Services (Spreadsheet-Portion Values) differences between Elementary and Secondary
- Region 12 information on the new program P.A.P.A. training for teachers
- Recess Resources Packets